



Week One Menu

Served weeks commencing:
6th, 27th November, 18th December 2023,
22nd January 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mild Beef Chilli Con Carne with Fluffy Rice	Pork Sausages with Mashed Potato and Gravy	Roast Chicken served with Roast Potatoes and Gravy	Minced Beef Pasta Bolognese with a slice of Baguette	Breaded Fish Fingers with Chips Baked Beans or Peas and Tomato Sauce
VEGETARIAN	Cheese & Tomato Pizza with jacket wedges	Vegetarian Sausage with Mashed Potato and Gravy	Quorn Fillet with Roast Potatoes and Gravy	Macaroni Cheese with a slice of Baguette	Quorn Meatballs with Tomato Sauce Chips Baked Beans or Peas
JACKET POTATO	Jacket Potato served with either Grated Cheese or Baked Beans	Jacket Potato served with either Grated Cheese or Baked Beans	Jacket Potato served with either Grated Cheese or Baked Beans	Jacket Potato served with either Grated Cheese or Baked Beans	Jacket Potato served with either Grated Cheese or Baked Beans
SANDWICH	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich
DESSERTS	Vanilla Ice Cream	Iced Chocolate Sponge	Shortbread Finger with Fruit Slices	Lemon Sponge with Custard	Our Famous Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

